











January 2012 *Now posted on our website www.pcfk.on.ca

PCFK

Perth Middlesex, Ontario Early Years Program

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Perth Care For Kids

Mon	Tues	Wed	Thurs	Fri	Sat
2 CLOSED Have A HAPPY NEW YEAR	3 Drop-in 9-11:30 & 1:30-8:00pm  Active Kids @ 11 <u>Rhythm Band</u> Skate and Play 1:30-3:15	4 Drop-in 9-11:30 & 1:30-4:30 Sing-a-long @ 11 Young Parent's Place 5-7 pm	5 Drop-in 9-11:30 a.m. Storytime@ 11 <u>Felt board Story</u> Breastfeeding Buddies 1-2pm "Monster Madness" @ the mall 2-4 p.m. Playroom closed pm	6 Jubilee (0-6 yrs) 9:30-11:30 Circle: <u>Parachute Play @ 11</u> Baby Time 9-12 @ EYC Last Family Connection: 9:30-11:30 Imagination Station @ 1:30-3:30	 Multiple Birth Play and Learn Drop-In 9:00-12:00
9 *Family Time* 9:30-11:00 a.m. Parent Chat New Year's Resolutions Playroom closed pm	10 Drop-in 9-11:30 & 1:30-8:00pm Story Time @ 11 <u>Big Book</u> Skate and Play 1:30-3:15	11 Drop-in 9-11:30 & 1:30-4:30  Active Kids @ 11 <u>Aerobic Fun</u> Shakespeare: Animal Action 10:00-11:30 a.m. *Get Ready for K starts* 1:30-3 p.m.	12 Drop-in 9-11:30 a.m. Sing-a-long @ 11 Playroom closed pm	13 Jubilee (0-6 yrs) 9:30-11:30 Circle: <u>Sing-a-long @ 11</u> Baby Time 9-12 @ EYC Topic: Car Seat Safety Fun with Science @ 1:30-3:30	14 Play and Learn Drop-In 9:00-12:00
16 *Family Time* 9:30-11:00 a.m. Donna Feeney Literacy around the House Playroom closed pm	17 Drop-in 9-11:30 & 1:30-8:00pm Sing-a-long @ 11 Skate and Play 1:30-3:15 *ESSO Family Math Starts* 6-7:30pm	18 Drop-in 9-11:30 & 1:30-4:30 Story Time @ 11 <u>Stretch a Story</u> *Get Ready for K* 1:30-3 p.m. Young Parent's Place 5-7 pm	19 Drop-in 9-11:30 am  Active Kids @ 11 <u>Parachute Play</u> *Car seat Education* 1-4 p. Call to book an appointment Playroom closed pm	20 Jubilee (0-6 yrs) 9:30-11:30 Circle: <u>Animal Action @ 11</u> Baby Time 9-12 @ EYC Cooking with Kids @ 1:30-3:30	21 Play and Learn Drop-In 9:00-12:00
23 *Family Time* 9:30-11:00 a.m. Sunshine Montessori Learning the Montessori Way Playroom closed pm	24 Drop-in 9-11:30 & 1:30-8:00pm  Active Kids @ 11 <u>Move & Groove</u> Skate and Play 1:30-3:15 *ESSO Family Math* 6-7:30pm	25 Drop-in 9-11:30 & 1:30-4:30 Sing-a-long @ 11 Shakespeare: Big Book 10:00-11:30 a.m. *Get Ready for K* 1:30-3 p.m.	26 Drop-in 9-11:30 am Winter Tobogganing Party - !!Dress Warm!! Circle Time with Hot Cocoa and Cookies @ 11 Playroom closed pm	27 Jubilee (0-6 yrs) 9:30-11:30 Circle: <u>Rhythm Band @ 11</u> Baby Time 9-12 @ EYC *BABY PICASSO* @ 9:30 & 10:30 Family Literacy Day Fun @ 1:30-3:30	28 Play and Learn Drop-In En Français 9:00-12:00
30 *Family Time* 9:30-11:00 a.m. Ellen Hadley Therapeutic Touch Playroom closed pm	31 Drop-in 9-11:30 & 1:30-8:00pm Story Time @ 11 <u>Let's Make Up a Story</u> Skate and Play 1:30-3:15 *ESSO Family Math* 6-7:30pm	February Coming Events: <ul style="list-style-type: none">  Workshop: Minimizing Power Struggles – Feb 22nd @ 7 p.m.  Friendship Party – Feb 9th & 10th  Baby Time Topic: Personalities @ 10 a.m. 		**Please pre-register for all starred programs. These programs require extra planning and/or staffing**	Please check our website for program cancellations due to weather. www.pcfk.on.ca

CHILDREN'S EARLY LEARNING PROGRAMS

PLAY AND LEARN DROP-IN Ages 0-6 yrs

Our ECE staff will set up a play environment full of activities for the children. Tuesday, Wednesday and Thursday morning the gym will be open from 10 – 11 a.m. There will also be a circle time at 11:00 a.m. each morning featuring one of the following:

STORYTIME – Circle time will include various types of stories for the children to enjoy such as felt board stories, making up a story together and story stretchers.

ACTIVE KIDS – The children will get an opportunity to move their bodies while playing with the parachute, doing exercises or jumping around to Jigga Jump.

SING-A-LONG – Children will get the chance to sing some of their favourite songs and even learn some new ones.

SHAKESPEARE: Drop-in Playgroup (0-6yrs) Shakespeare Presbyterian Church Every other Wednesday 10-11:30am

Join us for lots of games, crafts and social time for you and your child. Each session will feature a different type of circle. You are welcome to drop in. Circle time at 11 a.m.

INFANT PROGRAM (0 TO 18 MONTHS)

Fridays 9–12:00. Circle at 10:30 a.m.

The program is designed to offer physical and sensory play for infants with their parents or caregivers. Join us for rhymes and songs, exploration of safe equipment, and support from staff and other parents.

JUBILEE PLAYGROUP (0-6 yrs)

Fridays 9:30 – 11:30 a.m. Circle at 11:00 a.m.

Families with toddlers and preschoolers can attend this Friday playgroup at Jubilee Christian Fellowship, 707 Downie St.

****GET READY FOR KINDERGARTEN**** For children entering kindergarten this year or next. Siblings may also attend the EYC program.

10 Wednesdays starting Jan 11th, 1:30 – 3:00 p.m.

This program concentrates on early learning activities including alphabet, writing skills, math and social skills. Children are also introduced to Jolly Phonics.

SPECIAL PROGRAMS (Adults and Children Together)

Multiple Birth Play and Learn – ***NEW*******

First Saturday of the Month, 9-12 p.m.

Join us for an opportunity to meet other multiple birth parents in an informal social setting. A multiples group is an invaluable resource for families, especially during pregnancy with twins, triples & more. Expectant parents welcome!! Siblings age 0-6yrs welcome as well as families without multiples ☺

ESSO FAMILY MATH

For 3-6 yr olds with their parents/caregivers

6 Tuesday evenings starting Jan 17th, 6 – 7:30 pm

This is a course full of hands-on activities designed to show parents how to teach their children math while going about their regular business.

Breastfeeding Buddies - 1st Thurs, 1-2 p.m.

The Breastfeeding Buddies Program will provide opportunities to access peer breastfeeding support, along with the presence of a lactation consultant & an Early Years professional. It is a drop in format and support people and siblings are welcome!

Play and Learn Drop-in En Français (0-6yrs)

Last Saturday of the month 9:00 – 12:00

Come join our staff for a French circle time, stories in French and even play some French games. If you are thinking of sending your children to French Immersion this is a great way to expose them to this wonderful language.

****Baby Picasso** for 0-18 months**

The last Friday of every month

Learn how to increase your baby's brain development through art and sensory experiences. Be prepared to get messy and have fun!!!!

Skate & Play @ the Stratford Rotary Complex Tuesdays, starting October 11th, 1:30 – 3:15 p.m.

The Early Years Centre will set up a play and craft area during the Parent and Tot skate. You do not have to participate in the skate program in order to join our playgroup.

FOR PARENTS AND CAREGIVERS

FAMILY RESOURCES CONSULTANT

The Resource Consultant is available, by appointment, to discuss any challenges a family is facing with their child.

FAMILY TIME

Mondays, 9:30 – 11:00 a.m.

A variety of parenting topics will be discussed with parents while our ECE staff look after the children. Please pre-register on a weekly basis

****Car Seat Education****

Third Thursday of the Month, 1:00 – 4:00 p.m.

Call and book an appointment to come learn how to install your car seat by a team of trained technicians.

YOUNG PARENTS' PLACE

First and Third Wednesdays, 5-7 p.m.

A place for young parents to learn more about parenting and get support from other young parents. Supper, child care and assistance with transportation are provided.

SPECIAL THIS MONTH

Monster Madness @ the Mall, Jan 5th, 2-4 p.m.

Join the EYC and PLOW for lots of Monster Fun. We will be reading *Where the Wilds Things Are*, doing monster crafts

Winter Tobogganing Party, January 26th, 9:00 – 11:30am

Join us for some outdoor winter fun. Dress warm and bring your toboggans. Circle time and snacks to follow.

RESOURCE ROOM

Monday – Friday 9:00 a.m. – 5:00 p.m.

Tuesday 5:00 – 8:00 p.m.

Also open Saturday 9:00 a.m. – 12:00 p.m.

There are books, pamphlets, and videos available to lend, as well as access to the internet. We have a die press and a laminator. We can laminate your work for \$1.00 per foot.

MEET US AT THE CENTRE

Early Childhood Educators: Rose, Carrie, Julie, Judy, Rita

Coordinator: Joanna Grogan

Early Literacy Specialist: Donna Feeney

Administrative Assistant: Kim Parsons

Data Analysis Coordinator: Ken Clarke