
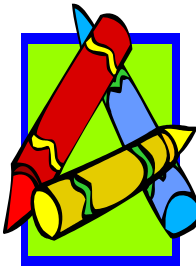



Themes	Monday	Tuesday	Wednesday	Thursday	Fri.	Sat.
<b>Creepy Crawlers</b> 	2 <b>Office Closed</b>	PHN in Ilderton 3 <b>Baby Time</b> 9:30—11:30 am <u>Topic:</u> Stimulating Your Baby	4 <b>Play &amp; Learn</b> 9:30—11:00 am	5 <b>Play &amp; Learn</b> 9:30—11:00 am	6	7 <b>Family Fun Day Wet &amp; Wild</b>
	9 <b>Multiple Birth Baby Time</b> 10:00 – 11:30 am <u>Topic:</u> Purple Crying	10 <b>Baby Time</b> 9:30—11:30 am <u>Topic:</u> Purple Crying	11 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Cooking with Kids</b> “Cheesy Crawlers”	12 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Cooking with Kids</b> “Cheesy Crawlers”	13	14
<b>Colours</b> 	16 <b>Multiple Birth Baby Time</b> 10:00 – 11:30 am <u>Topic:</u> Community Resources	PHN in Ilderton 17 <b>Baby Time</b> 9:30—11:30 am <u>Topic:</u> Community Resources	18 <b>Play &amp; Learn</b> 9:30—11:00 am	19 <b>Play &amp; Learn</b> 9:30—11:00 am	20	21
	23 <b>Multiple Birth Baby Time</b> 10:00 – 11:30 am <u>Topic:</u> TBA	23 <b>Baby Time</b> 9:30—11:30 am <u>Topic:</u> TBA	25 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Super Simple Science</b> “Measuring Hands”	26 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Super Simple Science</b> “Measuring Hands”	27	28
<b>Pets</b> 	30 <b>Multiple Birth Baby Time</b> 10:00 – 11:30 am <u>Topic:</u> Sensory Books	PHN in Ilderton 31 <b>Baby Time</b> 9:30—11:30 am <u>Topic:</u> Sensory Books				

**OUTREACH SITES**

(Lucan—Mondays &amp; Thursdays, Komoka—Tuesday, Ailsa Craig—Fridays)

Theme	Monday <i>Lucan</i>	Tuesday <i>Komoka</i>	Wed.	Thursday <i>Lucan</i>	Friday <i>Ailsa Craig</i>	Sat.
<b>Creepy Crawlers</b> 	2 <b>Program Closed</b>	3	4	5 <b>Baby Time</b> 9:30—11:30 am <u>Topic:</u> Stimulating Your Baby	6 <b>Play &amp; Learn</b> 9:30—11:00 am	7
	9 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Cooking with Kids</b> “Cheesy Crawlers”	10 <b>Play &amp; Learn</b> 9:45-11:15 am <b>Cooking with Kids</b> “Cheesy Crawlers”	11	PHN in Lucan 12 <b>Baby Time</b> 9:30—11:30 am <u>Topic:</u> Purple Crying	13 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Cooking with Kids</b> “Cheesy Crawlers”	14
<b>Colours</b> 	16 <b>Play &amp; Learn</b> 9:30—11:00 am	17	18	19 <b>Baby Time</b> 9:30—11:30 am <u>Topic:</u> Community Resources	20 <b>Play &amp; Learn</b> 9:30—11:00 am	21
	23 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Super Simple Science</b> “Measuring Hands”	24 <b>Play &amp; Learn</b> 9:45-11:15 am <b>Super Simple Science</b> “Measuring Hands”	25	PHN in Lucan 26 <b>Baby Time</b> 9:30—11:30 am <u>Topic:</u> TBA	27 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Super Simple Science</b> “Measuring Hands”	28
<b>Pets</b> 	30 <b>Play &amp; Learn</b> 9:30—11:00 am	31				

## --- August Programming at Perth Middlesex Satellite ---

### Services

#### PERTH MIDDLESEX SATELLITE

40 Heritage Dr. Ilderton  
(Basement of Ilderton Library)

Office Hours: Tuesdays & Thursdays  
9:00 am - 4:00 pm

Phone 666-3227 Fax 666-1543

[www.pcfk.on.ca](http://www.pcfk.on.ca)

#### Weekly Drop-in Playgroup: "Play & Learn"

Drop in for playtime with your child; in our program geared to 0 -6 yr olds. Our ECE staff provides a play environment of learning centres, crafts and circle time.

**9:30 - 11:00 am**

**LUCAN: Monday**

Lucan Community Memorial Centre, 263 Main St. Lucan ON

**ILDERTON: Wednesday & Thursday**

Basement of Ilderton Library, 40 Heritage Dr. Ilderton ON

**AILSA CRAIG: Friday**

Ye Olde Towne Hall, 160 Main St. Ailsa Craig ON

**THORNDALE: (Program does not run during summer.)**

Thursday-alternate weeks-2:00-3:30pm

Thorndale Library, 21790 Fairview Rd., Thorndale ON

**KOMOKA: Tuesday-alternate weeks--9:45-11:15 am**

Country Terrace OMNI Healthcare 10072 Oxbow Dr. Komoka

#### "Baby Time"

Parents/caregivers and children are welcome to attend "Baby Time" every Tuesday in Ilderton and Thursday in Lucan, 9:30 - 11:30. The program is geared to babies 0 - 12 months and siblings are welcome to attend the Lucan Program. Meet other parents and share in parenting topics, brain games, singing and circle time with your children.

New in Ilderton every Monday Multiple Birth Baby Time.

10:00 - 11:30 AM.

#### Discussion Topics:

<u>Ilderton:</u>	<u>Lucan:</u>	<u>Topic:</u>
Aug. 3	Aug. 5	Stimulating Your Baby
Aug. 9&10	Aug. 12	Purple Crying
Aug. 16&17	Aug. 19	Community Resources
Aug. 23&24	Aug. 26	TBA
Aug. 30&31		Sensory Books-Make 'n Take



#### "Well Baby/Breastfeeding Clinic"

Program runs during Baby Time on specified weeks. A Public Health Nurse is available to speak to parents and provide breastfeeding assistance and support.

**9:30 - 11:30 am**

Alternating Tuesdays in Ilderton & Thursdays in Lucan

For the most current and up to date calendar please visit our website at: [www.pcfk.on.ca](http://www.pcfk.on.ca)

#### "Kidshop: Cooking with Kids"

A variety of special activities and experiences for children (aged 18 months to six years) to enjoy. This program is held during our regular "Play and Learn".

**Pre-registration is required.**

#### This month: "Cheesy Crawlers"

**LUCAN: Aug. 9**

**KOMOKA: Aug. 10**

**ILDERTON: Aug 11 & 12**

**AILSA CRAIG: Aug. 13**



*Warning: Products may contain nuts!*

#### "Kidshop: Super Simple Science"

This program lets your child aged 3-6 years experience the wonder of Science. They will develop new skills and learn hands on, about the world around them.

**Pre-registration is required.**

#### This month: "Measuring Hands"

**LUCAN: Aug. 23**

**KOMOKA: Aug. 24**

**ILDERTON: Aug. 25 & 26**

**AILSA CRAIG: Aug. 27**



#### Coming Events...

#### Free--Car Seat Clinic

**Strathroy—Thurs. Aug. 19, 2010**

By appointment only, call 519-245-3230

#### Toys R Us—Sat. Sept. 11, 2010

Drop-In Clinic, 1037 Wellington Road, London  
10:00 am - 2:00 pm for info call Alicia 519-685-3332

#### Family Fun Day Wet & Wild Day

Join us at our Ilderton Site  
40 Heritage Dr.

for Wet and Wild games, activities and fun! Bring a towel.

Saturday August 7/10

**10:30 am to 12:00 noon**

Geared for ages 0-6 yrs but siblings, grandparents and friends are welcome to participate.

Sponsored by the  
Ilderton Optimist Club & Ilderton Lions Club

**Thorndale Play and Learn closed for the Summer. See you in the Fall.**

**OFFICE CLOSED**

**Mon. Aug. 2 and Mon. Sept. 6, 2010**