







Themes	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
<b>Canada Day</b> 				1 <b>Closed for Canada Day!</b> 	2	3
<b>Story Time</b> 	5 <b>Multiple Birth Baby Time</b> 10:00 am Topic: Tummy Time	PHN in Ilderton 6 <b>Baby Time</b> 9:30—11:30 am Topic: Tummy Time	7 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Cooking with Kids</b> “Campfire Crunch”	8 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Cooking with Kids</b> “Campfire Crunch”	9	10
	12 <b>Multiple Birth B.T.</b> 10:00 am Topic: Birth Order <b>Step into K!</b>	13 <b>Baby Time</b> 9:30—11:30 am Topic: Birth Order <b>Step into K!</b>	14 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Step into K!</b>	15 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Step into K!</b>	16 <b>Step Into K!</b> 1:30-3:00 pm	17
<b>Vacations</b> 	19 <b>Multiple Birth Baby Time</b> 10:00 am Topic: Sensory Gloves	PHN in Ilderton 20 <b>Baby Time</b> 9:30—11:30 am Topic: Sensory Gloves	21 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Super Simple Science</b> “Grow UP!”	22 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Super Simple Science</b> “Grow UP!”	23	24
	26 <b>Multiple Birth Baby Time</b> 10:00 am Topic: Baby Blues	27 <b>Baby Time</b> 9:30—11:30 am Topic: Getting Back into Shape—S. Grigg	28 <b>Play &amp; Learn</b> 9:30—11:00 am	29 <b>Play &amp; Learn</b> 9:30—11:00 am	30	31

**OUTREACH SITES**

(Lucan—Mondays & Thursdays, Ailsa Craig—Fridays)

Theme	Monday <i>Lucan</i>	Tuesday <i>Komoka</i>	Wed.	Thursday <i>Lucan</i>	Friday <i>Ailsa Craig/Lucan</i>	Sat.
<b>Canada Day</b> 				1 <b>Closed for Canada Day!</b> 	2 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Strollercise</b> 10:00 am in Lucan	3
<b>Story Time</b> 	5 <b>Play &amp; Learn</b> 9:30—11:00 am	6	7	8 <b>Baby Time</b> 9:30—11:30 am Topic: Tummy Time	9 <b>Play &amp; Learn</b> <b>Cooking with Kids</b> “Campfire Crunch” <b>Strollercise</b> 10:00 am in Lucan	10
	12 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Cooking with Kids</b> “Campfire Crunch”	13 <b>Komoka P &amp; L</b> 9:45- 11:15 am <b>Cooking with Kids</b> “Campfire Crunch”	14	PHN in Lucan 15 <b>Baby Time</b> 9:30—11:30 am Topic: Birth Order	16 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Strollercise</b> 10:00 am in Lucan	17 <b>Free Car Seat Clinic</b> (see back)
<b>Vacations</b> 	19 <b>Play &amp; Learn</b> 9:30—11:00 am	20	21	22 <b>Baby Time</b> 9:30—11:30 am Topic: Sensory Gloves	23 <b>Play &amp; Learn</b> <b>Super Simple Science</b> “Grow UP!” <b>Strollercise</b> 10:00 am in Lucan	24
	26 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Super Simple Science</b> “Grow UP!”	27 <b>Komoka Play &amp; Learn</b> 9:45- 11:15 am <b>Super Simple Science</b> “Grow UP!”	28	PHN in Lucan 29 <b>Baby Time</b> 9:30—11:30 am Topic: Getting Back into Shape—S. Grigg	30 <b>Play &amp; Learn</b> 9:30—11:00 am <b>Strollercise</b> 10:00 am in Lucan	31

## --- July Programming at Perth Middlesex Satellite ---

### Services

#### PERTH MIDDLESEX SATELLITE

40 Heritage Dr. Ilderton  
(Basement of Ilderton Library)

Office Hours: Tuesdays & Thursdays

9:00 am - 4:00 pm

Phone 666-3227 Fax 666-1543

[www.pcfk.on.ca](http://www.pcfk.on.ca)

#### Weekly Drop-in Playgroup: "Play & Learn"

Drop in for playtime with your child; in our program geared to 0-6 yr olds. Our ECE staff provides a play environment of learning centres, crafts and circle time.

**9:30 - 11:00 am**

**LUCAN:** Monday

Lucan Community Memorial Centre, 263 Main St. Lucan ON

**ILDERTON:** Wednesday & Thursday

Basement of Ilderton Library, 40 Heritage Dr. Ilderton ON

**AILS CRAIG:** Friday

Ye Olde Towne Hall, 160 Main St. Ailsa Craig ON

**THORNDALE:** (Program does not run during summer.)

Thursday-alternate weeks-2:00-3:30pm

Thorndale Library, 21790 Fairview Rd., Thorndale ON

**KOMOKA:** Tuesday-alternate weeks--9:45-11:15 am

Country Terrace OMNI Healthcare 10072 Oxbow Dr. Komoka

#### "Baby Time"

Parents/caregivers and children are welcome to attend "Baby Time" every Tuesday in Ilderton and Thursday in Lucan, 9:30 - 11:30. The program is geared to babies 0 - 12 months and siblings are welcome to attend the Lucan Program. Meet other parents and share in parenting topics, brain games, singing and circle time with your children.

**\*Multiple Birth Baby Time is now held Monday mornings at 10:00 am in Ilderton\***

#### Discussion Topics:

<u>Ilderton:</u>	<u>Lucan:</u>	<u>Topic:</u>
July 5 & 6	July 8	Tummy Time
July 12 & 13	July 15	Birth Order
July 19 & 20	July 22	Sensory Gloves
July 26		Baby Blues
July 27	July 29	Getting Back into Shape— Suzanne Grigg

#### "Well Baby/Breastfeeding Clinic"

Program runs during Baby Time on specified weeks.

A Public Health Nurse is available to speak to parents and provide breastfeeding assistance and support.

**9:30 - 11:30 am**

Alternating Tuesdays in Ilderton & Thursdays in Lucan



#### "Kidshop: Cooking with Kids"

A variety of special activities and experiences for children (aged 18 months to six years) to enjoy. This program is held during our regular "Play and Learn".

**Pre-registration is required.**

#### This month: "Campfire Crunch"

**ILDERTON:** July 7 & 8

**AILS CRAIG:** July 9

**LUCAN:** July 12

**KOMOKA:** July 13

*Warning: Products may contain nuts!*



#### "Kidshop: Super Simple Science"

This program lets your child aged 3-6 years experience the wonder of Science. They will develop new skills and learn hands on, about the world around them.

**Pre-registration is required.**

#### This month: "Grow UP!"

**ILDERTON:** July 21 & 22

**AILS CRAIG:** July 23

**LUCAN:** July 26

**KOMOKA:** July 27



#### Coming Events...

#### Strollercise at 10:00 am

**Lucan--Friday**— library parking lot

Bring your baby or child in a stroller and enjoy a walk, with exercise, through the community. Bring along a water bottle & sunscreen.

**Starts July 2/10 at 10:00 am**

Program will only run if enough interest  
Call: 519- 666-3227 to register



#### Car Seat Clinic—Free

Sears Masonville—Sat. July 17

10:00 am—2:00pm, Drop-in

For further info call Sue at 519-667-4710 ext. 453

#### Family Fun Day

#### Wet & Wild Day

Join us at our Ilderton Site  
40 Heritage Dr.

for Wet and Wild games, activities and fun! Bring a towel.

**Saturday August 7/10**

10:30 am to 12:00 noon

Geared for ages 0-6 yrs but siblings, grandparents and friends are welcome to participate.

Sponsored by the  
Ilderton Optimist Club & Ilderton Lions



**OFFICE CLOSED**

**July 1, 2010 for Canada Day**

For the most current and up to date calendar please visit our website at: [www.pcfk.on.ca](http://www.pcfk.on.ca)